

An Overview

The theme for the 12th annual Spring Conference this year is '***We Have A Choice. Responding to Diversity in Continuing Care: Understanding Cultural Competency.***'

Objectives of the Conference

- Understand how one's own biases, personal values and beliefs affect our relationships and the care we provide.
- Identify or examine strategies at the individual and organizational level to embrace diversity in our work environments.

Our Vision

"To care for someone, I must know who I am.
To care for someone, I must know who the other is.
To care for someone I must be able to bridge the gap between myself and the other."

- Jean Watson, cited by J. Anderson



For more information

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We Have A Choice

***Responding to Diversity in Continuing Care:
Understanding Cultural Competency.***

Northwood's 12th annual Spring Conference
Holiday Inn Harbourview, Dartmouth
June 13, 8:00 a.m. - 4:00 p.m.

Lawtons
DRUGS

NORTHWOOD
foundation



Schedule of the Day

8:00 - 8:30 a.m. Registration/Exhibits
 8:30 - 8:50 a.m. Official Welcome
 9:00 - 10:15 a.m. Panel

'First Speak' Panel

***A Panel of Four Individuals from Diverse Backgrounds
 Sharing Their Personal Stories about Continuing Care***

10:15 - 10:45 a.m. Nutrition Break/Exhibits
 10:45 a.m. - 12:00 p.m. First Keynote Address

Keynote Address

The ABCs of Cultural Competence

12:00 - 1:00 p.m. Lunch/Exhibits
 1:00 - 3:30 p.m. Second Keynote Address

***Cultural Competence: Awareness to Application
 including Case Studies from our Local Community***

3:30 p.m. Closing Remarks

Free Public Talk

***Why Does Diversity Matter to
 Health Care?***

June 13, 7- 8 p.m., QEII Royal Bank Theatre

Join us as Dr. Rani Srivastava presents a one-hour session to define diversity, and why it is important to an individual's health care.

Whether someone is of a different culture, race, religion or spirituality, sexual orientation or ability, everyone is concerned about their care when faced with health challenges.

Subject and Speakers



Keynote Speaker

Dr. Rani Srivastava will help us understand that each of us has a story. Our story is shaped by our experiences, culture, religion or spirituality, our sexual orientation and so much more. If we rely only on facts and statistics without knowing a person's story,

we cannot hope to help them to live an authentic life with meaning. Dr. Srivastava will help us to identify our responsibility with individuals and their unique story so we can provide the best care for our clients.

Dr. Srivastava is an RN, MScN, PhD and an acclaimed author and editor. Currently the Chief of Nursing & Professional Practice at the Centre for Addiction and Mental Health in Toronto, she holds various academic appointments at York University and at the Lawrence Bloomberg Faculty of Nursing in the University of Toronto.

'First Speak' Panelists

Jean Upshaw - A Black Nova Scotian caregiver for 35 years will speak about her experience as a black caregiver.

Hannah Imperial - A Licensed Practical Nurse (LPN) from the Phillipines speaking as an internationally-educated nurse coming to Northwood

Hugo Dann - A member of the Lesbian, Gay, Bisexual and Transgendered (LGBT) community sharing his perspective as a family member.

Houda Farid - A Muslim whose husband Badr lives in long term care at our Northwood's Bedford location.

Registration Form

To register, please fill out the form below and send/fax it along with payment to the Northwood Foundation using the information on the back of the brochure. Parking is an additional cost

Name

Position

Organization

Phone #

Fax #

Address

City

Province

Postal Code

Manager's signature of approval (for Northwood applicants only)

Email address

Please check Conference Registration - \$100
 Conference and Research Symposium - \$125
 Research Symposium - \$25

Participant substitution is permitted but we are not able to provide refunds

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Payment Information

Payment can be made by Visa, Mastercard or cheque. Cheques can be made payable to the Northwood Foundation.

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VISA or Mastercard Number

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Expiry Date

Three-Digit Security Code

Cardholder's Signature